

**"Be who you are and
say what you feel,
because those who mind
don't matter,
and those who matter
don't mind."**

B. Baruch

CLINICAL PSYCHOLOGIST Dr Ilza Botha, tel. 044 382 3518, cell: 076 116 1132

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DEBT COUNSELLING. Knysna based, experienced, free interview. F Schafer. 083 301 5084.

LOTTO AVAILABLE @ Silver Sweetie, Knysna Mall, 044 382 6060

ELECTRONIC CIGARETTES & liquid now @ Smokers Corner, Woodmill Lane, 044 382 1026

DIGESTIVE ISSUES? Bloating, reflux, IBS, spastic colon.... You can manage these conditions with the correct advise. Contact Tanya @ Holistic Health, 4 Grey St, 044 382 0188.

ISUZU 3T closed truck for sale, R50 000 o.n.o. Ph 072 390 3813

PRE-PAID ELECTRICITY for sale @ Silver Sweetie in Knysna Mall, 044 382 6060

VITAMIN ANALYSIS – which vitamins and minerals are you lacking? Come and test @ Holistic Health, 4 Grey St, 044 382 0188 for appointment.

ELECTRONIC CIGARETTES & liquid now @ Smokers Corner, Woodmill Lane, 044 382 1026

ISUZU 3T closed truck for sale, R50 000 o.n.o. Ph 072 390 3813

ISUZU 3T closed truck for sale, R50 000 o.n.o. Ph 072 390 3813

PROTECT YOUR HOME, Accredited and professional installers of Clear Bars to ensure your safety. Master Glass 044 533 1338

KEN WRIGHT AIRPORT + TOWN transport, 7 pass. 082 459 0663 / 044 384 0955 (tours).

TO LET. Colonial style, 3 bed home, no garage, big grounds, R7 500 pm. Clyde 082 578 4536

PICKET FENCE. 16m x 85cms high, painted, only R1 500. 072 201 6945

MATRIC MATHS TUTOR needed urgently, to help with exam. Ph 084 511 5951 / 044 382 4178

FOR SALE. Display cabinet, s/wood, chest freezer. Old LPs. 082 675 4472

THE DECKLE EDGE. 33 Clyde Str. 044 382 5538, Knysna@deckleedge.co.za

GASJAC FOR GAS installations & service to gas appliances. Call us. 082 496 0072

CHRISSE SEEMS DOMESTIC work, full time, have ref. 073 419 4583

CLEAR SECURITY BARS, high quality polycarbonate product at the most

affordable price. Call us for a free quote. Master Glass 044 533 1338

CAROL - EX FINAL CUT – Facials, mani's, pedi's, waxing, slimming. 082 687 3910

FELLING, HARVESTING, land clearing & chipper hire - go with the pro's! Contact Treepro on 082 901 3444 / www.treepro.co.za.

FOR SALE. Chana truck, R13 000. Phone 076 939 5205

BMW 1989 FOR SALE. R30 000 not neg. Roadworthy certificate, full service history, manual, dark blue. Phone 082 663 1504

GASJAC FOR GAS installations & service to gas appliances. Call us. 082 496 0072

SECURE YOUR HOME, accredited installers of clear security bars. Stay safe with Master Glass 044 533 1338

CAROL - EX FINAL CUT – Facials, mani's, pedi's, waxing, slimming. 082 687 3910

BULK FIREWOOD FOR SALE – R300 bring bakkie, we load. Ph 082 901 3444. www.treepro.co.za

GASJAC – Already own a gas fireplace/gas heater – let us service it for you – winter is here! Call us 082 496 0072

SANDBLAST FILM for your windows and doors. We apply on site. Master Glass 044 533 1338.

CAROL EX FINAL CUT – Facials, mani's, pedi's, waxing, slimming. 082 687 3910

UNWANTED PINE OR GUM? Contact Treepro on 082 901 3444 / www.treepro.co.za.

FOR SALE. Welbedacht, R1.39m, 2 bed, 2 bath home in small complex. Call Gail 072 866 6051

REMOTES FOR GATES & garages. Repairs & replacement remotes. 072 245 5432

HP GARDEN SERVICE. We do: cutting, trimming edges, cleaning gardens, rubble & refuse removal, gardenboy - Hannelie 079 844 5568

SOUPS THIS WEEK - Potato & leek and Thai chicken & corn – only at The Anchorage.

DEMOLITION, EXCAVATION & plant hire. Contact CX Tippers & Diggers for all your plant hire requirements. Tel 044 382 1645

GASJAC – Winter is here! Need your appliances checked? Call us. 082 496 0072

SANDBLAST FILM for your windows and doors. We apply on site. Master Glass 044 533 1338.

BULK FIREWOOD FOR SALE – R300. Bring bakkie we load. Harkerville or Wittedrift – we load. Ph 082 901 3444. www.treepro.co.za

YELLOWOOD FLAT, R730 000. 3 Bedroom flat in secure complex with pools ++. Gail 072 866 6051

INTERCOMS, REPAIRS & installation of new intercoms. 072 245 5432

HP GARDEN SERVICE. We do: cutting, trimming edges, cleaning gardens, rubble & refuse removal, gardenboy - Hannelie 079 844 5568

OSTRICH & KUDU FILLET - Only at The Anchorage. 044 382 2230

CX TIPPERS & DIGGERS. Quality products & service at your doorstep. 044 382 1645

GASJAC - Issuing of Certificate of Conformance. Call us. 082 496 0072

WINDOW FILMING. Heat reduction, privacy, UV block. Master Glass 044 533 1338

MOTORS FOR GATES + garages. Repairs & installation of new motors. 072 245 5432

NOT ONLY KNOWN FOR our seafood & service, also super steaks – The Anchorage Restaurant

GASJAC - Installation of gas appliances. Call us. 082 496 0072

PRIVACY, HEAT REDUCTION, UV block films, we apply on site. Master Glass 044 533 1338

PARKING ON PREMESIS - only at The Anchorage Restaurant

AQUAJAC FOR WATER FILTRATION - main house – & under counter systems. Call us. 082 496 0072

SHOWERS SHOWERS SHOWERS, Frameless or Framed. Master Glass 044 533 1338

FOR THE BEST SELECTION of seafood platters & combos – only at The Anchorage Restaurant. 044 382 2230

AQUAJAC – Need a water system, we are just a phone call away! Call us. 082 496 0072

CUSTOM SHOWERS, Frameless or Framed. Master Glass 044 533 1338

OPEN MON – SAT from 6.30pm. The Anchorage Restaurant.

AQUAJAC for point of entry filtration. Call us. 082 496 0072

MASTER GLASS – for all your glass needs. www.master-glass.co.za

COSIEST BY FAR. The Anchorage restaurant. 044 382 2230

AQUAJAC for system maintenance & sales of filters. Call us. 082 496 0072

GLASS SPLASHBACKS – any colour you like, bring your kitchen to life with Master Glass 044 533 1338

POWER OUTAGES A PROBLEM - yes we have a generator. Only at The Anchorage. 044 382 2230

AQUAJAC – Don't be a filter - Use one instead! Call us. 082 296 4908

KITCHEN SPLASHBACKS – any colour you like, customize your home with Master Glass 044 533 1338

FAMOUS FOR OUR SOLES. Only at The Anchorage. 044 382 2230

HONEST GUY looking for driving / painting / tiling / paving work. Ph 083 890 6533

AIRCON. Hot / cold, perf cond! R3 000. Ph 078 069 1296

LIME / LEMON TREES - R140 + olives. 083 532 0041

JEEVES - Drives you in your car! 083 532 0041

ICE CREAM MACHINE, good cond, R5 500. 078 069 1296

SUPERMOMS (AND SUPERKIDS) come and check if your superpowers are switched on and working. Free spine & health check. Saturday 9am - 12pm @ ChiroLife. No bookings 382 3888 spine@telkomsa.net

GIVE YOUR OLD PICTURES a facelift with a new modern frame @ Frame by Frame, 18 Gordon Str. 044 382 6680

FOR SALE. 2001 Jetta 4, R36 000. 078 674 9276

I AM HELEN, looking for domestic work, 2 years experience. 084 826 4711

WELL READ BOOKSHOP. A perfect heritage - Penny Vincenzi. Latest novels. 18 Gordon St

REVAMP AND REVITALIZE your wardrobe with this season's hottest accessories from Metallic Mermaid

KUDU LEATHER 4 SEATER couch for sale. 2.2m long. Beautiful condition. Ex Weylands. Bargain @ R6000. Not negotiable if you please! Hanlie - 082 446 4043

YOTAM, MALAWIAN, seeks garden work. Refs. 083 659 2422

VEGETARIAN RESTAURANT seeks unique kitchen assistant. No experience necessary, passion for food & people essential! Please email short motivational letter to: preciouspocket@vodamail.co.za

EASTERN EUROPE KALOCSA hand painted fine porcelain 9pc espresso coffee set + serviette holder & vase, 8pc liqueur set, as new, R8 000. Tel 082 370 0129

FOR EXCELLENT WINDOW, gutter or general cleaning, ph 073 490 9617. We make your house a home.

RE/MAX. WELBEDACHT. 1 bed flat, nature estate. R2200pm excl w&l. Michonne 084 548 8408

WINDOW SANDBLAST custom-cut vinyls. 18 Gordon Str. 044 382 6680

WELL READ BOOKSHOP. The Gold Finch by Donna Tartt at Frame by Frame. 18 Gordon Str

FOREVER A FAVOURITE, pashminas in so many stunning colours - get yours @ Metallic Mermaid

MINERAL / CRYSTAL COLLECTIONS - I view, evaluate, buy. Please call Brett 074 933 9516

RE/MAX: LAKE BRENTON. 3 bedroom, 2 bathroom with single garage in secure complex. R7150pm. Michonne 084 548 8408

RE/MAX: Commercial / Retail / Industrial Letting. Trish, Woodmill Lane, 079 084 3790

UNDER COUNTER FRIDGE, grey / white, R850. LG microwave oven, R450, both excl. condition. Kenwood mini 2 plate oven, never used. R480. Ph 044 382 4005 / 083 394 9597

PICTURE / PHOTO FRAMES for sale @ Frame by Frame, Knysna.

AT WELL READ BOOKSHOP. The Astonishing Hypothesis. The scientific Search For The Soul by Francis Crick. 18 Gordon Street

RE/MAX: Rentals. Qualified tenants & landlords need only apply. Trish 079 084 3790

VINTAGE GARDEN ACCESSORIES. Hand plough, R750. Large seed spreader, R750. Bicycle with basket carrier and child seat, R650. Ph 044 382 4005 / 083 394 9597

MIRRORS ON SPECIAL! Frame by Frame, 18 Gordon Str, Knysna

AT WELL READ BOOKSHOP. Kruger Commandos and Kak Debunking, The Myth of the Boer War coming soon! 18 Gordon Str

BRING THIS ADD TO YOUR nearest Metallic Mermaid store & get 20% off everything from 1st-15th August 2015! (excludes sterling silver & sale items)

WELL READ BOOKSHOP. Snobs by Julian Fellowes, who wrote Downton Abbey. 18 Gordon Str

AT WELL READ BOOKSHOP. Quote from Harper Lee biography: "Now 75 years later in an abundant society where people have laptops, cell phones, Ipods and minds like empty rooms. 18 Gordon Str

PSYCHIC PINTO: @gmail.com

PSYCHIC PINTO: WhatsApp Readings. 076 430 7330

PSYCHIC PINTO: For all bookings 082 968 4436

PCL AUTO SERVICES - Life is now back to normal at PCL Auto. No more time off for Pete. The holiday is now over and he needs to knuckle down and do some more for a change, life can be tough!

ARE YOUR TILES SLIPPERY when wet? Avoid the falls. Antislip by Cure-A-Tile: 071 166 1225

LOVE GIFTS. Max Moose says: "A pinch and a punch for the end of the month, and why not start stocking up for Christmas!"

WE BUY POTS, PANS, CUTLERY, crockery, dvds, etc @ Bargain World, 8 Market Str. Ph 079 369 5550

ESSENTIAL OILS, incense, spices, yoga mats & more! @ the lovely shop Pure India! 044 382 6901, 9 Grey Str, Knysna

DAZZLING JEWELLERS IN Memorial Square for all your jewellery needs. 044 382 4958

LOVE GIFTS. Max Moose reminds me daily that we have so much to be grateful for. Xx

WANTED. Good quality clothing @ Attitude Ballet. 076 695 7335

PCL AUTO SERVICES. Ford, Mazda, Mitsubishi, Renault, Land Rover & Subaru servicing. Other makes also handled. Contact Peter or Elmarie at PCL Auto Services, tel 044 382 6409 for a service appointment

RENEW YOUR TIRED & WORN tiles. Clean & seal by Cure-A-Tile. 25 yrs exp. 071 166 1225

MARTHA IS LOOKING FOR WORK as a domestic. Please call 078 547 9544

MOBILE HAIRDRESSER, cut n blow - R80. 081 597 4881

HONEY @ R35 PER 500ml at Trading (opposite Fruit & Veg). Call 078 449 7936

THANK YOU TO ALL WHO helped support Pure India win! Knys1! Check it out on Facebook.

ROTATION - Large selection of winter jackets + boots. Woodmill Lane. Jo 076 709 8867

LOVE GIFTS. The little shop with a big heart in Pledge Square, where handmade is happy! X

BABY TUTUS @ ATTITUDE BALLET Boutique, Woodmill Lane. 076 695 7335

VIEW BARGAIN WORLDS Facebook page 4 new stock + specials!

PCL AUTO SERVICES. As a retail motor industry dealer, our mechanics are fully trained, our workshop is fully equipped, our prices are competitive and all work is personally supervised by the owner. Good reason to deal with us.

NEED A HOUSE FOR RENT in Khayaletu? Bongi 076 388 7452

FLEMING PHOTOGRAPIC - 2 day course Friday/Saturday 14/15 August. Phone Ian for details 0832602537 or visit us at 11 Grey St.

HONEY @ R35 PER 500ml at Trading (opposite Fruit & Veg). Call 078 449 7936

WILD IRIS WILD WINTER SALE - 50% on knits & blouses. New Barringtons unpacked 4 summer. Skinny & bootleg. 11 Grey Str

BALLET LEOTARDS, tights, shoes. Attitude Ballet, Woodmill Lane

WE BUY + SELL NEW + USED goods @ Bargain World. 8 Market Str

PCL AUTO SERVICES. Pete has provided affordable and reliable service and repairs to the Knysna community for the past 27 years. There must be a good reason why we are still going strong. Contact Peter or Elmarie on 044 382 6409

CANVAS PRINTING - Fleming Photographic, 11 Grey St. 044 382 6138

LOVE GIFTS. A gift voucher could also be an option. X

PCL AUTO SERVICES. Engines, gearboxes, steering, brakes, clutches, suspension, services. You name it, we can do it! No job too big or too small. All parts and labour guaranteed. Contact Peter or Elmarie, tel. 044 382 6409 for a booking.

FRAMING PROFESSIONALLY done at Fleming Photographic. Visit Glenda to discuss how to make the most of your precious artworks. 11 Grey St, 044 382 6138

LOVE GIFTS. More wiggle woggle minions are on their way! X

PCL AUTO SERVICES. RCS Auto card accepted for services and repairs. You can now pay off any service or repair over a 12 or 24 month period. Other credit cards also accepted. Contact Peter or Elmarie on 044 382 6409

UNIQUE GREETING CARDS by Glenda at Fleming Photographic, 11 Grey St, 044 382 6138

LOVE GIFTS. Someone said: "What a lovely shop. I'll be back!"

PCL AUTO SERVICES. We have state-of-the-art tune up and diagnostic equipment which is compatible with all vehicles on-board computer systems. We can now service your 2011 model as well. Tel. Peter or Elmarie on 044 382 6409

FLEMING PHOTOGRAPHIC for all photography needs. 11 Grey st, 044 382 6138

LOVE GIFTS. Where the lights twinkle and love shines! Xx

PCL AUTO SERVICES. We are accredited service and repair agents for most used car warranties, eg. Motorite. Service with us and keep your warranty up to date. We can also handle your claims. Contact Peter or Elmarie on 044 382 6409

EMBROIDERY AND NEEDLEWORK framing - don't let your precious work be stapled or glued down, come and visit Glenda at Fleming Photographic to discuss how it should be professionally stretched and framed. 11 Grey St, 044 382 6138

LOVE GIFTS. Behind PostNet ... That's where you'll find us.

PROTEIN RICH SPELT PASTA. Produced on site and freshly cooked for your order. Grain Mill, Organic Bistro and Shop. Again open on Saturdays. Waterfront Drive, opps. Fire Dept.

LOVE GIFTS. Where gifts are gorgeous and hugs are free! X

WHEAT FREE BREAD from freshly stone ground spelt. Daily at the Grain Mill, Artisan Millers and Pasta Makers. Again open on

Saturdays. Waterfront Drive, opps. Fire Dept.

LOVE GIFTS. Trendy iewie pixie stock landed this week.

LOVE GIFTS. Try the Café Cuba coffee now at Volvo ... yum!

SELL US YOUR SECOND HAND goods for cash. 076 383 0561

HOUSE TO LET, Hunters Home, 4 bed 3 bath furnished, early August to early December, pool in secluded garden. R 9000 basic. 082 857 3482

GILBERT, MALAWIAN, gardener, 2 days. Ph 060 345 8746

GOLD VAULT PAYS the highest on all your old and unwanted gold and silver jewellery. Opp ABSA bank 072 664 8888.

FURNITURE AND ANTIQUE restorations & repairs done at Timber Village. 044 382 5649

IS IT JUST ME or is this a cold wet winter? Why not get a quote for a closed combustion wood burner from Metelerkamps. Your wife will dig it stukkend. Metelerkamps

YIPPEE: Hospice Maison Market: 2 + 3 Oct. Call 083 448 1934

WE BUY SECOND HAND goods for cash. 076 383 0561. We collect.

JOSHUA, MALAWIAN, gardener. Ph 063 059 0164

GOLD VAULT pays the best prices for your windup watches: Omega, Rolex, Tagheuer. Opp ABSA bank. 072 664 8888

METELERKAMPS have received the nicest small knives, fun colours and all the way from Solingen Germany. Well under R100. 044 382 0274

HOSPICE MAISON MARKET: needs your unwanted home treasures. Drop off @ Pam Golding, Leisure Isle

LOOKING FOR SECOND HAND goods for cash. 076 383 0561

GOLD VAULT for your unwanted gold, silver, diamonds, etc. Highest prices guaranteed. Opp ABSA bank. 072 664 8888

LOTS OF NEW YANKEE CANDLES in stock at Metelerkamps. You will find they burn down totally evenly. Can you imagine that? No nasty left overs. 044 382 0274

HOSPICE MAISON MARKET: collecting your unwanted home treasures now. Drop off @ Pam Golding, Leisure Isle

CASH FOR GOODS and goods for cash. Ph 076 383 0561

GOLD VAULT pays the best prices for your windup watches: Omega, Rolex, Tagheuer. Opp ABSA bank. 072 664 8888

NEW RUBY SOUL SOAPS now available at Metelerkamps. Kalahari cooler to name one. Can be used on any skin. 044 382 0274

CASH FOR YOUR second hand goods. Ph 076 383 0561

GOLD VAULT PAYS the highest on all your old and unwanted gold and silver jewellery. Opp ABSA bank 072 664 8888.

BIG GREEN EGG DEMO at Metelerkamps, Saturday 8th August. 10 - 12am. Lots going on, join us to see why it is John's favourite new toy.

HOSPICE MAISON MARKET: 2/3 Oct - donate unwanted treasure now - Call 083 448 1934

CASH FOR GOODS and goods for cash. Ph 076 383 0561

GOLD VAULT for your unwanted gold, silver, diamonds, etc. Highest prices guaranteed. Opp ABSA bank. 072 664 8888

HOSPICE MAISON MARKET: donate your gently used household items. Call 083 448 1934

WANTED: Second hand goods for cash. 076 383 0561

WE BUY SECOND HAND goods for cash. 076 383 0561. We collect.

BOAT BARGAIN. 6mt with 2 berth cabin. Inboard Volvo 240 with 282 drive on new double axle B/N trailer. Licensed. R46 000 onco. Tel 083 857 1324 or 044 850 1340

FORD BANTAM 1.3XL with canopy. Excellent. FSH. Only 75 000km. RWC. R69 500. Tel 044 850 1340

FILM & TAPES, 8mm, 16mm, VHS, Beta, etc. to DVD. Ray 082 787 9237

SPACIOUS LOWER OLD PLACE home for rent. Call 082 681 2472

PLANTER PUSH BALL TYPE. 1, 2 or 3 rows all vegie plates as new. R2 800. Tel Thomas 044 382 3100

SPORTSMAN, 3MT BOAT with oar. Good condition. R4 500. Tel 083 857 1324 or 044 850 1340

DEFY 4 PLATE gas hob, as new. R1200 o.n.c.o. Tel 044 382 1066

GARDEN SPIKE ROLLER (NEW). Water ballast. R1 400. Tel Thomas 044 382 3100

SPACIOUS LOWER OLD PLACE home to rent. Call 082 681 2472

KEN FROM MALAWI seeks paint or garden job, with drivers licence. Ph 060 481 2934

ANNIE, MALAWIAN, hard worker and honest, 3 yrs exp is looking for Mon, Tues, Fri and Sat domestic work. Pls ph 073 871 8018

DEFY GAS STOVE TOP plus sep oven. Good condition. R2 500 both. Tel 044 850 1340

JUMBLE SALE - 1 AUG. 9am - 2pm. Toys, fishing tackle, bric-a-brac, clothing etc. Cell 082 042 0636.

LONELY MALE PEACOCK looking for romance. Call 071 769 0099

150CC GOMOTO, AS NEW, green army style, 2000km clocked, service record, 250km on 4lt, new R9500, now R6000. Rodger Bishop. 082 706 0427

LINNESS, A VERY TRUSTWORTHY Malawian is looking for domestic work. For references phone 082 920 5707, Linness – 074 978 8474

CURTAINS AND BLINDS. Beautifully made, professionally installed. Free home consultation. Very competitive price. 18 Years decorating experience. Call Veronica Carter 082 600 1796. www.tangerineinteriors.co.za

DANIEL, MALAWIAN, hardworker, looking for a job as a gardener. For call my boss 082 446 4152, and my number is 074 967 3616

A 5 YRS EXP. MALAWIAN MAID, housekeeper, is looking for a job, with work permit & good reference available. Call 078 714 3516

A 5 YRS EXP. GARDENER, house keeper looking for a job. Work permit & good reference available. Call 073 173 1765

PEDICURE & MANICURE deluxe – R80 each. Serenity Foot & Hand Worx. Mon – Sat. 084 444 6093

BRU COFFEE CO is part of the scene at The Shepherds Tree. Sit and enjoy your coffee by the fire, or while enjoying the view from the stoop. Our beans are used within 2 weeks of roasting. We have beans for sale for you to grind at home, or we can grind for you. Beside the traffic lights at the hospital end at 61 Waterfront Drive.

BENADETTA FROM MALAWI seeks domestic work. Ph 073 532 8371.

THE GYM – Contracts 1 day to 1 year. Includes Gym, classes, indoor heated pool and Discovery Vitality members 150 points for every workout.

SOUTHERN GATEWAY CHURCH (NCMI) meets at Knysna Primary School every Sunday at 9.30 am. All welcome. Ph 072 854 0704

COFFEE ON THESEN? Bru Coffee Co has a pavement Coffee Bar located outside Sothebys. Open Mon-Sat 914-1445.

LUSEKERO looking for job as a house cleaner. Ph 078 213 6726

URGENTLY NEEDING commercial fridge and or freezer. If anyone can help. 071 251 3739

THE GYM – Discovery Vitality members 150 points for every workout.

THUMBS UP TO KNYSNA MALL for hosting our Kids Clubs Knysna Plett Herald for 4 paper rolls, Toy Factory for wonderful helium balloons. Sincere thanks from children and staff at Mad About Art

M BENZ 200 ELEGANCE 2000. 145 000km RWC. No AC. Only R60 000. Clean. 084 245 2776.

RAV 4 TOYOTA 3 DR. 133 000km. R95 000. FSH. A/C. RWC. T/ bar. 084 245 2776

THE GYM – Contracts 1 day to 1 year. Includes Gym, classes, indoor heated pool and Discovery Vitality

members 150 points for every workout.

NEED A COURIER? Call 083 739 8250

BRU COFFEE CO is part of the scene at The Shepherds Tree. Sit and enjoy your coffee by the fire, or while enjoying the view from the stoop. Our beans are used within 2 weeks of roasting. We have beans for sale for you to grind at home, or we can grind for you. Beside the traffic lights at the hospital end at 61 Waterfront Drive.

FLAT. 1 BED, Oakhurst. R490 000 or rent with furniture. R3500 pm. 084 245 2776

ALLERGIES, BACTERIA, parasites – detected & eliminated simply. 072 234 6752

FOR SALE- PARKHOME. R30 000.00 Ph: 082 495 2488

NEED TYRES? We'll find the best deal, fetch your vehicle & have it done for you. Call 083 739 8250

DSTV PROBLEMS? Call Anson 083 739 8250

THE GYM – Discovery Vitality members 150 points for every workout.

FOR SALE: Iron gate on wheels 4,3m x 1m - R2000. Solar pool heater -7 panels for plunge pool-R1500. Tel: 082 925 0716

NO MORE DARKNESS, beat the load shed! Run all your lights, TVs, Xbox, laptops, kettle. Switches on automatically. From R19 000 upwards - Tel: 082 925 0716 Enquiries : 082 558 9104

WEST COAST FLOWER TOURS. 21-25 Aug R7500 pp. Tel : 082 558 9104

SOUTHERN GATEWAY CHURCH (NCMI) meets at Knysna Primary School every Sunday at 9.30 am. All welcome. Ph 072 854 0704

BRU COFFEE CO is part of the scene at The Shepherds Tree. Sit and enjoy your coffee by the fire, or while enjoying the view from the stoop. Our beans are used within 2 weeks of roasting. We have beans for sale for you to grind at home, or we can grind for you. Beside the traffic lights at the hospital end at 61 Waterfront Drive.

SEEFF ON SHOW, Fisherhaven. Saturday 01st Aug from 3–5pm. Liviana Audibert 082 500 2259/ Hazel Dijkstra 082 345 9878

1 BED FLAT for rent. Central. rentinknysna@gmail.com R3200

SEEFF ON SHOW, The Heads. Thursday 30th July from 2–4pm. Kerry Evans 083 320 2732 / Suzi Bilyard 073 431 1001

CARAVAN FOR SALE, Jurgens Caravelle, 1.6. Licenced, good nick. R18 000. 078 319 3645

SEEFF ON SHOW, Heuwelkruin. Thursday 30th July from 2-4pm. Sharon Korsten 082 412 6440 / Pierre Korsten 082 300 8605

HORNLEE R 350 000 NEG. 3 Beds, 1 bath, lounge. Call Shadrack. 071 391 3694. Njozela Properties.

SEEFF ON SHOW, Buffalo Bay. Friday 31st July from 3–5pm. Sharon Korsten 082 412 6440/ Pierre Korsten 082 300 8605

HORNLEE – R270 000. 3 Beds, 1 bath, lounge, corner stand. Call Shadrack. 071 391 3694. Njozela Properties

SECOND HAND WASHING machine wanted. Looking for one in good working condition. Please phone Iris during work hours. 044 382 1505

SEEFF ON SHOW, Eastford Glen. Thursday 30th July from 2–4pm. Ivor Marks 072 427 9967

SEEFF ON SHOW, Welbedacht. Saturday 01st Aug from 12–2pm. Ivor Marks 072 427 9967

SOME OF THE BEST INVENTIONS ON EARTH WE TAKE FOR GRANTED.... ELASTIC BANDS, THE PENCIL (NASA SPENT YEARS TRYING TO INVENT A PEN THAT COULD WRITE UPSIDE DOWN IN SPACE, BUT THE RUSSIANS JUST USE PENCILS - ha ha!) WINDOW PANE GLASS, SOCKS, VARIOUS BLADES (AXE, KNIFE, SAW), FALSE TEETH, AND THE HUMBLE - BUT TRY TO LIVE WITHOUT IT - THE WHEEL. YES, I HAVE TRIED NOT TO MENTION THE WHEEL, BUT THERE IS JUST NO GETTING AWAY FROM IT.... IF YOU CAN THINK OF BETTER INVENTIONS YOU CAN MAIL ME....
rockspider@actionads.co.za

THERE IS A RECENT INVENTION THAT I FIND HARD TO LIVE WITHOUT.... THE CLEVER BUFF. IT'S A PIECE OF SLIGHTLY ELASTICISED CONTINUOUS NO-SEAM TUBE OF MATERIAL THAT YOU CAN USE IN VARIOUS INNOVATIVE WAYS... AS A SCARF ROUND YOUR NECK, A BEANIE, A BOOB TUBE, A HAIR BAND, A HEAD BAND, A KEEP-THE-WIND-OUT-OF-MY-HAIR BAND, TO TIE ROUND A WAYWARD SLEEPING BAG, BUNDLE UP A PILE OF WOOD, STEM THE FLOW OF BLOOD OR JUST WEAR IT 'ROUND YOUR WRIST SIMPLY BECAUSE YOU CANNOT LET GO OF IT..... hear me! get one + start living xx

WHEN I HIT 50 I TOLD THE KIDS AND THE FRIENDS NOT TO GIVE ME 'THINGS' ANYMORE, BUT RATHER TO GIVE ME AN 'EXPERIENCE'.... YOU KNOW, LIKE BOOKING A HOT AIR BALLOON RIDE OVER THE DESERT OR A NIGHT IN THE TREEHOUSE AT MOKALA OR SPENDING A DAY WITH THE KALAHARI BUSHMEN TRACKING ANIMALS - NOTHING ELABORATE, JUST SOMETHING VERY SPECIAL THAT YOU WON'T THINK OF GIVING TO YOURSELF... nice né?

HERE'S TO A BLUE MOON! ON THE 31st OF THIS MONTH (JULY) WE WILL HAVE ANOTHER FULL MOON.... TWO IN ONE MONTH MAKES IT A BLUE MOON AND NOT

ONE OF THOSE HUGE LOVELY ORANGE BALLS THAT HANG LOW OVER THE EASTERN HORIZON IN THE EARLY EVENING AND KEEPS US AWAKE SHINING BRIGHTLY IN THE WESTERN SKIES EARLY IN THE MORNINGS..... SO, WHEN THE SUN SETS IN THE WEST ON THE EVENING OF THE 31st, CAST YOUR EYES EASTWARDS AND LO + BEHOLD.... YOU WILL WITNESS A BLUE MOON RISING.... luvaya X

IT'S MIDDLE OF WINTER BUT THE CHICKENS ARE STILL DOING THEIR DUTY.... 5 EGGS DAILY I GET FROM THE NEST. 5 OF THE MOST DELICIOUS EGGS IN THE WORLD I TELL YOU. FLIP MOSTLY IGNORES THEM WHEN THEY RANGE OUTSIDE THE HOK, BUT SOMETIMES HE JUST GETS A BEE IN HIS BONNET AND CHARGES THROUGH THEIR TIGHT LITTLE GROUP FOR FUN... THEY FLY UP CLATTERING + KEKKELLING LIKE MAD ONLY TO LAND AGAIN AND RESUME THEIR GRAZING AS IF NOTHING MUCH HAPPENED.....

MY FRIENDS WENT TO NAMIBIA + OUTSIDE WINDHOEK IS A FARM WITH LIFE-SIZE RUBBER ANIMALS YOU CAN 'HUNT' WITH A BOW + ARROW - JUST LIKE IN THE OLD DAYS BEFORE BULLETS SPOILED EVERYTHING! NOW THAT MAKES PERFECT SENSE IF YOU REALLY FEEL LIKE PULLING THE TRIGGER HEY?

YOU MUST NOT WORRY ABOUT THE REST OF WINTER.... THE WORST IN COLD IS PROBABLY STILL TO COME, BUT AT LEAST THE SUN PEEPS OVER THE HORIZON EARLIER + EARLIER EVERY SINGLE DAY.... yippeee